

# RACHEL DOUGHTY

ARTIST AND FILMMAKER

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Internationally exhibited Artist and Filmmaker looking for work in the Creative Industry. Highly skilled in Cinematography, and all aspects of the filmmaking process. Dedicated to illustrating people's stories and the importance of sustainability.

## EXHIBITIONS

07/20 (Online) - **BORDERLESS Degree Show**

01/20 (Cardiff) - **Young Talent Film Festival**

08/18 (Australia) - **Enlighten Video Projection Festival**

## EDUCATION

(2016-2020) LANCASTER UNIVERSITY

**BA HONS Fine Art (With Study Abroad) (1st - 80%)**

(2009-2016) WEST KIRBY GRAMMAR SCHOOL

**A-Levels: Art Textiles (A), Psychology (B), English Language (B)**

**GCSES: 10 A-A\*s (Including Maths A\* and English A\*)**

## OTHER QUALIFICATIONS

Open Water Diver (18M), Lancaster Gold Award, Driving License.

## KEY SKILLS

**Camera Operation** - Wide experience using a range of cameras, including Panasonic and Canon. Experienced in filming in difficult conditions, as well as in using external mics, lighting and various camera rigs.

**Editing and Animation** - Fluent in the Adobe suite, specifically in Photoshop, Premiere Pro and After Effects.

**Equanimity Under Pressure** - Mountaineering, and working towards a Sports Diver (40M) qualification has taught me how to keep calm in high-stress situations, ensuring I make the best critical decisions under pressure.

**Organisation** - My planning abilities are reflected in my detailed dive plans, high undergraduate degree result, and thorough storyboards for clients containing precise details on budgets, timings, shot-lists, audio and content.

**Responsibility & Leadership** - Worked as an Area Co-ordinator, managing the welfare of visitors at two music festivals - Meredith (2018) and Golden Plains (2019). I used radios to communicate to paramedics and to base, and delegated tasks to volunteers in my area.

**Strength & Creative Problem Solving** - Leading traditional climbing, and working for my undergraduate degree has taught me how to creatively find solutions, helping myself and guiding others to overcome setbacks and difficulties.

**Confident Communicator & Team Player** - Working directly with clients, as part of various sized production teams, has enhanced my listening and verbal skills, and confidence.

**Independent & Pro-active** - Starting my own company for accepting grants, self-employed work, and steering my art practice highlights my motivation and resilience.

**Knowledge of Film and Art Theory** - In-depth learning during both specific modules in my undergraduate degree and through personal research into my own practice.

**HOBBIES:** Art, Swimming, Surfing, Climbing, Photography.

## MEDIA RELATED EXPERIENCE

### 07/20-Present, The British Standards Institute, Content Creator

- Working as a part of a small team to create professional and informative instructional videos for BSI's latest auditing software.
- Developed animation, design and graphic skills.
- Increased skills in storyboarding, editing and subtitling.
- Developed team-working skills, as well as experiencing creating content for a high profile client.
- Contract extended based upon success of initial work, during commercial trials.

### 10/20 - The Eden Project, Artist in Residence

- Selected against 80 others through my portfolio for a 2 week in-house residency with additional funding to further my art practice. Receiving continued support to realise an installation.

### 03/20-07/20, The Fairfield Association, Content Producer

- Directed, filmed and edited a documentary celebrating The Fairfield Association's history and participation in protecting green spaces in Lancaster.
- Developed skills in interviewing and creatively overcoming setbacks, especially working in the COVID-19 climate. Gained confidence in working in a team, alongside other content producers, members of the association, the public and historical researchers.

### 09/19-07/20, Lancaster University, Digital Content Ambassador

- Created video and photographic content to portray the student experience of Lancaster.
- Developed my software and hardware skills, using a variety of camera equipment and editing programmes, including Adobe Premier and Adobe Animate.
- My work is now used on the University's YouTube channel and Facebook to promote the University, and has received a thousands of views. Through successful pitches, I was able to generate more opportunities with senior marketing.

## GENERAL EXPERIENCE (Non-UK, All Australia, All Part-Time)

01/19 - 06/19, Happy Jesse, **Brand Manager**

10/18 - 06/19, Sunglass Hut, **Sales Assistant**

10/18 - 12/18, Scene To Believe, **Sales Assistant**

## VOLUNTEERING (Non-UK, All Australia)

09/18 - 06/19, La Trobe University Surf Club, **Instructor**

07/18 - 06/19, Centre for Contemporary Photography, **Assistant**

03/18 - 06/18, Buddhist Atisha Centre, **Book/Gift Shop Assistant**

## REFERENCES

Available on request.